

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: 12-003

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!
PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 200M BACKSTROKE WOMEN 11-17 Heat:10, starttime: 10:46

Heat: 10/11 Lane : 7 Athlete: QUAAK FIENE Q-time: 02:35:40

PB (25m pool): 2:35.40 Amsterdam 23 jan 2026 PB (50m pool): 2:41.94 SB:

	25 M	50 M	75 M	100	125	150	175	200 M
PB		37.20		1:17.54		1:58.14		2:35.40
		37.20		40.34		40.60		37.26
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17 Heat:15, starttime: 12:22

Heat: 15/19 Lane : 1 Athlete: QUAAK FIENE Q-time: 02:21:47

PB (25m pool): 2:21.47 Hulst 15 mrt 2026 PB (50m pool): 2:27.27 SB:

	25 M	50 M	75 M	100	125	150	175	200 M
PB		32.85		1:09.74		1:47.62		2:21.47
		32.85		36.89		37.88		33.85
								

Coach feedback: